

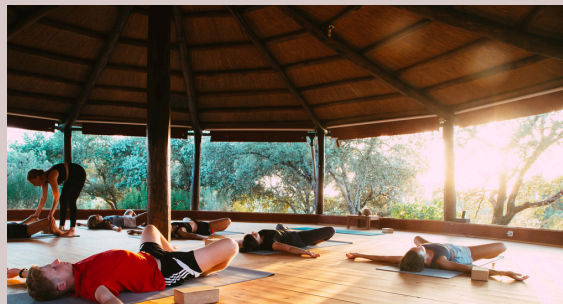
Yoga Retreat Finca El Moro, Andalucía

with Alison Henning
7th-14th June 2025



Venue

Join me at the incomparably wonderful Finca El Moro, a hill farm nestled in beautiful isolation in a valley in Andalucía, southern Spain. Set over 70 acres, the farm is home to cork trees, sweet chestnut and olive groves, along with a variety of animal friends.



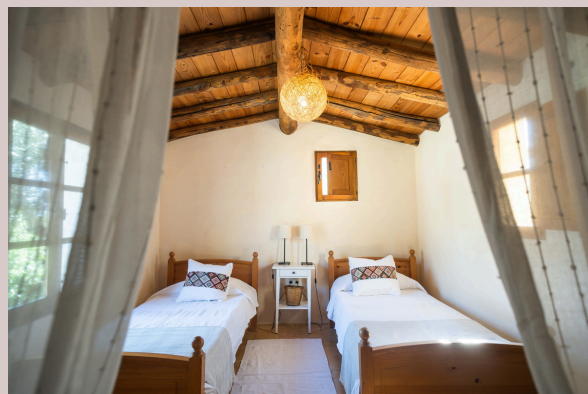
Programme

There will be two yoga practices each day – generally a longer, more dynamic/workshop style class in the morning, with quieter, more restorative practices in the afternoon. I'll also offer an early morning meditation and pranayama session for the larks of the group.

We will practice in the dedicated yoga shala – built on the farm's old threshing circle. Nestled amongst the trees, it offers panoramic views and constant birdsong. Massage therapies, horse riding and e-bike rentals can be arranged at additional cost. There are also plenty of walking routes and local villages to explore.

Accommodation and Meals

Three traditional stone cottages, with a mix of single/twin and triple rooms provide accommodation – each cottage has its own lovely pool and terraces for sitting and enjoying the views and the sounds of nature. Delicious vegetarian meals will be taken up at the farmhouse – using organic farm and local produce.



Travel

The nearest city airport to El Moro is Seville, approx 90 minutes by road. One group transfer from/to the airport will be arranged and is included in the price.



Price + Booking

Single room – £1145

Twin (or double) – £940pp

Triple – £890pp

Price includes all accommodation, meals and yoga.

Excludes travel and extras. Please contact me to request a booking form.

Contact + More info...

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